



KOKOMO-CENTER TOWNSHIP CONSOLIDATED SCHOOL CORPORATION

Our mission is to provide a quality education for all students in a safe and secure environment.

April 30, 2009

There has been a great deal of information in the news recently regarding the Swine Influenza. To this point, there have not been any cases reported in Howard County. Kokomo-Center Schools staff works closely with the local, state, and national health agencies to investigate any illness and/or infections in order to ensure the health and safety of our students.

The Center for Disease Control (CDC) listed the following Swine Flu symptoms: fever, lethargy, lack of appetite, and coughing. Some people infected have also reported a runny nose, sore throat, nausea, vomiting, and diarrhea (CDC, 4/23/09).

Dr. Monroe, State Health Commissioner, recommends individuals with mild symptoms of influenza stay home and call their health care provider for advice. If symptoms become severe, such as high fever, trouble breathing, or inability to keep down fluids, they should seek medical care.

Kokomo-Center Schools would like to share with you some precautionary measures to keep our students and the community healthy:

- Stay home when you are sick.
- Wash hands often with soap and water.
- Cover coughs and sneezes with tissues or cough into the inside of your elbow.
- Avoid touching eyes, nose, or mouth.
- Practice good health habits such as getting plenty of sleep, be physically active, drink plenty of fluids, and eat nutritious foods.

Kokomo Center Schools is closely monitoring the swine flu situation and will follow our State and Local Health Departments' lead if we have any confirmed cases in our area. If you have any additional questions, please contact your healthcare provider. Further information regarding the swine flue may be found at <http://www.cdc.gov>.